

2.5.8.C (3/1/12) Graphic Organizer

**Standard: 2.5 Motor Skill Development: Students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle**

**Strand: C Sportsmanship, Rules, and Safety**

**Grades 5-8**

**Time Frame: May/June**

| Essential Questions   | Enduring Understandings   | Activities and Student Experiences   |
|---|---|--|
| <p>Why is it important to follow rules and cooperate during an activity?</p> <p>What factors help to keep an activity safe?</p> <p>How have different world cultures impacted present day sports and dance?</p> | <p>Personal behaviors impact one's outcome of an activity.</p> <p>Rules are important to ensure a safe learning environment.</p> <p>Diverse activities enhance ones understanding and sensitivity to a multi-cultural population.</p> | <p>Project Adventure Activities:</p> <ul style="list-style-type: none"> <li>* Extended Human Knot: One 8-10 foot length of roping OR a jump rope. Groups of 6-8 in a circle--each member with own rope. Team members now connect with another person in the group, but NOT the person next to them. Each team member connects right hand to another member's right hand-repeat with left hands. The hardest part of this challenge is to get connected properly! When trying to get unknotted no group member may let go of a rope or change ropes to the other hand. The challenge is completed when the group has formed a complete circle.</li> <li>* Team Skis</li> <li>* Spider Web</li> <li>* Group Juggling</li> <li>* Hula Hoop Challenge</li> </ul> |
| <b>Content Statements</b>   | <b>Cumulative Progress Indicators</b>   |  |

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**Content:** Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction.

**2.5.8.C.1.** Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.

**2.5.8.C.2.** Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.

**Content:** Movement activities provide a timeless opportunity to connect with people around the world.

**2.5.8.C.3.** Analyze the impact of different world cultures on present-day game

**Desired Results**

Demonstrate that rules, structure, and cooperation are important in everyday life.

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**Assessment**

- \*Self /Group Assessment
- \*Rubrics (refer to Sport Education materials)
- \*Video Assessment
- \*Portfolios (to include personal goal setting)
- \*Teacher Observation
- \*Skills Checklists
- \*Journals

*To show evidence of meeting this standard, students may:*  
View video performance and critique personal behaviors.

**Equipment Needed**

- \*audio equipment
- \*video equipment
- \*pen/pencil for assessment
- \*6 jump ropes

**Teacher Resources**

- “Creating Rubrics for Physical Education,” 2000, Lund, Human Kinetics
- “Complete Guide to Sport Education,” Sidentop, Hastie, Van Der Mars, 2011, Human Kinetics
- “Teaching Personal and Social Responsibility Through Physical Activity, 3rd Edition, 2011, Hellison, Human Kinetics

Websites: [www.pelinks4u.org](http://www.pelinks4u.org)

[www.sparkpe.org](http://www.sparkpe.org)

[www.actionforhealthykids.org](http://www.actionforhealthykids.org)

[www.humankinetics.com](http://www.humankinetics.com)

[www.pecentral.org](http://www.pecentral.org)

[www.peuniverse.com](http://www.peuniverse.com)

[www.tes.co.uk](http://www.tes.co.uk)